



**Preston Grange Primary School**

**PSHE Policy**

**November 2023**

At Preston Grange Primary, the PSHE programme of study brings together topics of relationships, living in the wider world and health and wellbeing through values-based education. The curriculum has been developed using the PSHE association recommended programme of study as a starting point and adapted to suit the needs of our school.

Our intent is to support a coherent whole-school approach to personal, social, health and economic well-being (PSHE) within the context of our school and community.

(See the RSE Policy for further details of how we meet this responsibility.)

PSHE also provides school with an opportunity to focus on the Fundamental British Values of;

- Democracy
- The rule of law
- Individual liberty
- Mutual respect
- Tolerance

and how they translate within school life and the wider community.

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PSHE also provides school opportunities to focus on the delivery of social and emotional aspects of learning (SEAL). Through PSHE, we endeavour to foster the notions of responsibility and empowerment to promote a sense of achievement and to enhance self-confidence. PSHE education is guided by our core school values:

Equality	Respect
	Understanding
	Acceptance
Learning	Aspiration
	Resilience
	Independence
Character	Kindness
	Honesty
	Thoughtfulness

## Aims

PSHE education at Preston Grange Primary School aims:

- To give pupils the knowledge and develop the self esteem, confidence and self-awareness to make informed choices and decisions;
- To encourage and support the development of social skills and social awareness;
- To enable pupils to make sense of their own personal and social experiences;
- To promote responsible attitudes towards the maintenance of good physical and mental health, supported by a safe and healthy lifestyle;
- To enable effective interpersonal relationships and develop a caring attitude towards others;
- To encourage a caring attitude towards and responsibility for the environment;
- To encourage and develop resilience and a growth mindset;
- To help our pupils understand and manage their feelings;
- To understand how society works and the rights and responsibilities involved.

## Organisation and Approach

At Preston Grange we teach PSHE (Personal Social and Health Education) across school through in class sessions, mixed age castle group sessions (where appropriate), through our assembly programme and through enrichment or theme days across the year.

PSHE is at the centre of all we do. As a result of this we are committed to dealing with issues as they occur, this allows us to support our pupils on a needs basis and ensures we have an ongoing 'golden thread' of PSH education throughout our wider curriculum and school life.

We aim to offer a range of learning opportunities that support our pupils in their development of a wide range of skills.

**Intrapersonal** – skills for self management including self-reflection, setting personal goals and self-regulation and managing strong emotions.

**Interpersonal** – skills of active listening, empathy towards others, teamwork and negotiation and effective communication.

**Enquiry** – skills of asking questions, planning and making decisions, making and defending conclusions and reviewing personal progress.

## Recording, Assessment and Reporting

Assessment is done informally throughout a unit of work or theme. Pupils self-assess and reflect on how they feel they have developed their understanding in a particular area. This could be done through pupil voice, traffic light systems or continuums. Staff use snapshots of these assessments to build a bigger picture in their PSHE floor book; along with examples of work and activities and pupil voice. Pupils are given the opportunity to give feedback on their lessons to allow the PSHE lead to develop the curriculum further and to cater for the specific needs of our pupils. PSHE is commented on formally in annual end of year reports of pupil progress.

## **Monitoring and Review**

The Head Teacher and PSHE subject lead support colleagues in the teaching of PSHE by giving information about current developments in the subject and by providing a strategic lead and direction for the subject in school.

All staff are responsible for evaluating strengths and weaknesses in the subject and indicating areas for further improvement.

Policy adopted: November 2023

Review date: Sept 2025