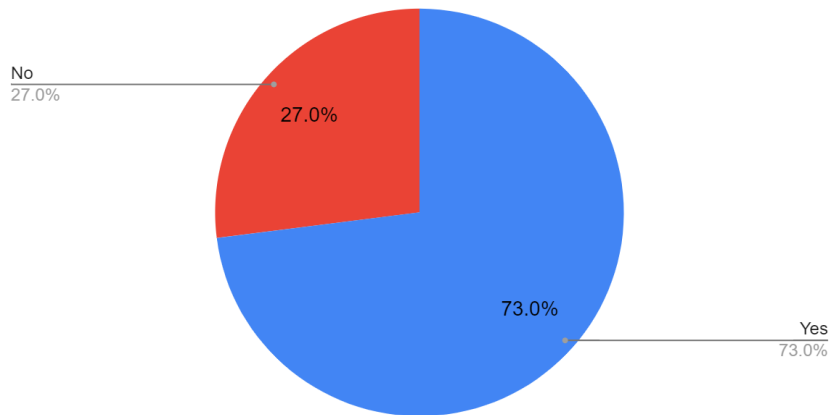


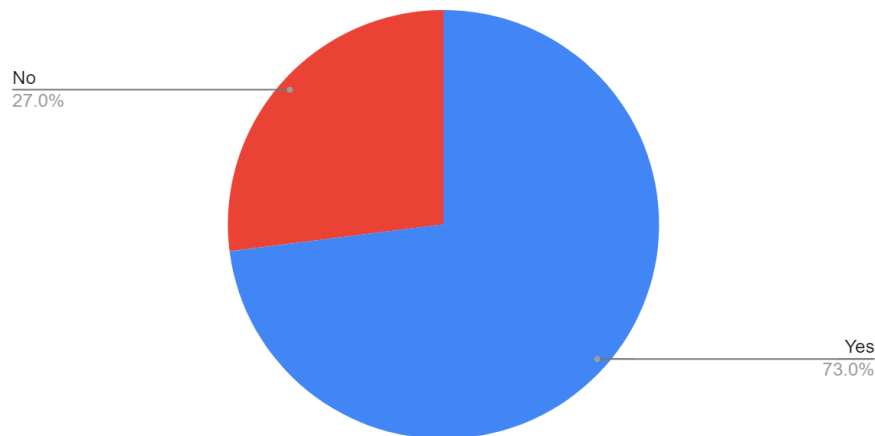


Year 6 2022-23

Swim competently, confidently, and proficiently over a distance of at least 25 metres.



Use a range of strokes effectively (for example front crawl, backstroke, and breaststroke)



Perform safe self-rescue in different water-based situations

